

## Germany Update



### A big hello to all readers,

nice to have you back. Things are going just smoothly for us. The major changes have not only unleashed new energy but have also seamlessly integrated into our structures. Our collaboration with the Endasi Foundation Uganda is going as usual, and we are pleased with the successful start of the children at the new schools. They were only able to attend because of your donations, which also cover the school fees. THANK YOU!

To live up to the new name of the German NGO – "Endasi Global – Education, Diversity, Equal Opportunities e.V." – we are in the midst of preparing the 2024 school program. It has never been so long in duration, and we have never had such large cohorts at once. We are working with

13 classes at just one school, and together with Ugandan speakers and volunteers, there are 18 supporters on-site. This gives us courage and the feeling that we can make a difference. We are equally delighted about the support we could generate for Endasi. And we are pleased that Endasi Uganda can grow with us. We are also grateful for the financial support we receive from BTE of "Engagement Global." With this responsibility, we eagerly engage in workshops during the preparation weekends. If we could show you the results at the respective closing events, we would be very happy.

See you soon, Your Endasi Board and Team

Text: Mathis



## Uganda Update



### A lot has happened again at ENDASI

The children have now successfully completed the first term of the new school year and after the big one-month vacation in May, they started the second term last week. This was the first term they spent back at the public schools after home schooling. The children coped very well with this change and so the term was not only completed very well from a school perspective, but the children also left the term with new friendships. ENDASI also celebrated the day of breaking the fast in April. Everyone was served pilau, a traditional Ugandan dish consisting of rice and meat.

The long vacation was used for numerous activities. Classic activities such as making firebread, baking, reading together, IT classes, a bit of sport or watching a movie were of course not to be missed. This change from everyday school life was very much appreciated by the kids. Especially the big adventures, like the trip to the amusement park, were very beautiful.

ENDASI has also been expanded to include a new project. A community project has been running since mid-February. In this project, six children aged 3-8 are looked after three days a week. These are children from the neighborhood who would otherwise have no access to education. On the one hand, the project serves



Ewaka Kids climbing

to support the children and, at the same time, relieves the mothers during the day. During the project, we do a wide variety of things such as puzzles, learning colors, learning numbers up to 20, crafts, singing and much more. Working with the children takes time, not least because of the language barrier, but both sides learn a lot from each other. We see progress from week to week, so the project gives us a lot of pleasure. We are very excited to see how the project, which is still in its infancy, will develop.



## Storytime



### Fishing on the Nile

It's Saturday morning and we have decided on a very special activity today. We are going fishing on the Nile. After months of watching the small wooden fishing boats on the Nile every day with fascination, today was the day we finally tried it out. Fishing plays a major role here in Jinja, as the town is located on both Lake Victoria and the Nile. You always see a lot of fishing boats on the water and lots of fish is sold in the markets. Last but not least, the Victoria perch, which is well-known even in Europe, comes directly from the lake.

Fortunately, the brother of a good friend of ours is a fisherman, which is why we had a person who was happy to take us along. We went out on the water early in the morning, as this is supposedly the best time of the day for fishing. When we arrived at a small spot on the shore, we took off our shoes and climbed into the wooden boats, three people plus two fishermen at a time. A real balancing act. More than once I was afraid that we would capsize, but we stayed dry.

We fished in a way I had never seen before. Old plastic bottles were recycled. A string was wrapped around each of these and so an old plastic bottle was quickly converted into a fishing rod. I thought that was pretty clever. None of us had ever been fishing before, so we were all pretty much amateurs. As a result, we were unsuccessful that morning. But we were all more than exited when one of the fishermen suddenly hooked a fish. However, as we wanted to have more than one fish for our dinner together, we bought more fish from another fisherman on the water who was much more successful than us. Later, when we were back on land, we gutted them ourselves. They were cooked over a fire and we then ate the freshly caught fish from the Nile for dinner together. It was a great feeling after having worked for our dinner ourselves and as a result it tasted twice as delicious.

This day was a very special experience that we will probably always remember. We would like to thank our friends for making this great day possible.

Text: Anabel



## Have you met?





Name **Becky** 

Age 35 Years

Hobbies listening to music, climbing, travelling

Today we would like to introduce you to Becky, our Project Manager and social worker. Originally from Soroti, in western Uganda, she moved to Jinja with her mother and sister at the age of three. There she grew up not only with her little sister but also with numerous cousins who were lovingly raised by her mother. Becky's love of socializing and her ability to draw energy from it was evident from an early age.

The church was a second home for her, where she spent a lot of time and was even active in the children's choir. Her spiritual connection to God is still a central part of her life today and has had a significant influence on her personality.

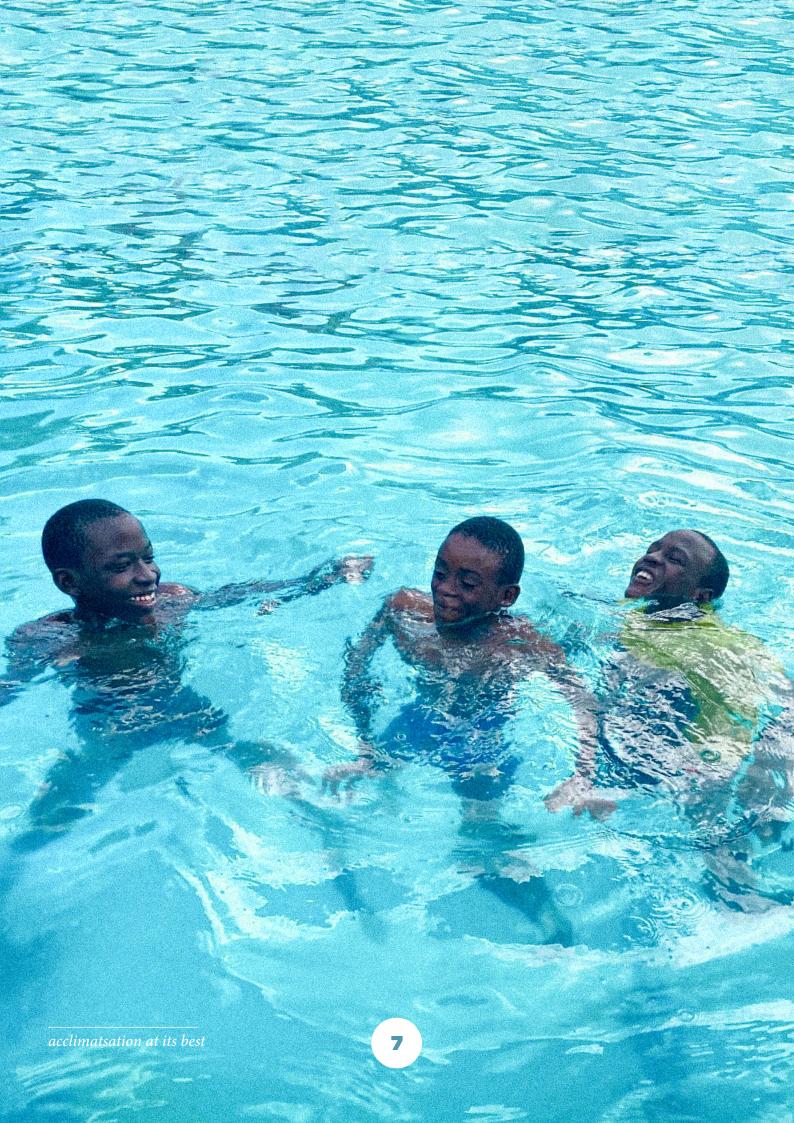
Alongside God, her mother is the most important person in her life. Despite the absence of her father after her birth, her mother fought tirelessly and even made it possible for Becky to go to university. She completed her Bachelor's degree in Social Work at Mukono Christian University and also obtained a degree in Development at Nsamizi Training Institute. She also holds a certificate in counseling and family therapy. Becky's passion lies in interacting with people, and she always needs to be with others to feel fulfilled. She cannot imagine being in a workplace where she cannot have a positive impact on others.

She joined Endasi about three years ago and has since become the heart of the children's center, without whom its smooth functioning would be unthinkable. In her role as Project Manager and Social Worker, Becky is constantly in action: she makes home visits, visits schools, manages materials and facilities, is responsible for social media activities, manages the team, and much more. With her easy-going and open nature, she likes to make everything look effortless, and it is a pleasure to work with such a humorous, intelligent, and reflective person.

She is driven by the children, as it fulfills her to support and observe their development. Becky talks about the challenges of her own childhood, but someone always believed in her, which enabled her to become the person she is today. She now wants to give this belief and support back to the children at Endasi. On the other hand, she is driven by the vision that still lies ahead: Endasi should have its own fertile land and educational facilities so that the children can complete their education and then make a positive impact in their communities and families.

We are grateful for the past three years with Becky and look forward to an exciting future with her. There will certainly never be a dull moment and there will always be plenty of laughs.

Text: Leon



### Not true at all!



### **Sports**

When I first came to Uganda, I thought that the options of doing sports in the country were limited: the boys play football, the girls play netball. But, as with so many things, I was proved wrong. For example there is a growing Support of Women-football.

Of course, football and netball are very popular and, in my experience, tend to be assigned to the mentioned genders, but there are many more sports, some of which are similarly popular.

Rugby, for example, is much more popular in Uganda than in Germany. Many people support the big teams in their regions, because every major city also has a rugby team. In Jinja there are even two: the Jinja Hippos and Walukuba Rugby. Each club has women's, men's and youth teams that regularly travel throughout Uganda during the main season to take part in tournaments and match days. In 2022, the Hippos men's team even took first place in the national Rugby 7s.

In addition to rugby, I was also able to get to know many other sports in Uganda in a new way. These include basketball, running, hockey, skating, fitness, tennis, golf and volleyball. What I found particularly exciting was that many of the clubs offer training held by volunteering players at schools and organize for these teams to take part in regional and national championships. To do this, they sometimes travel all over the country to participate in the annual school championships, where young people can compete in their respective sports for a week.

Furthermore: there are many (mostly football) academies in Uganda, which prepare the local kids for being scouted. The work of the academies begins particularly during school holidays. This is the time when the best young players are selected and receive scholarships for the schools with the best sports teams.

The academies manage to regularly set up impressive projects and teams thanks to a high level of social commitment and generous donors.

Text: Weike

# KICS WILLIAM Children writing an article on their own:)



### **Ashiraf**

Age: 13

Hobbies: Football & Basketball

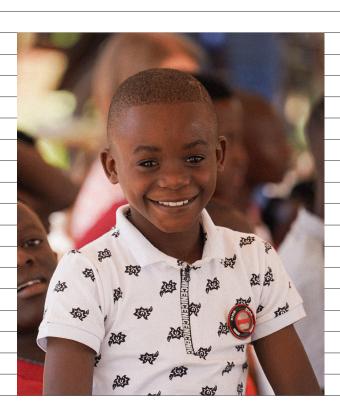
School
Grade: 5

Favorite subject: Maths & Sports

Favorites color: blue food: Pizza

movie: Fast & Furious

animal: dog

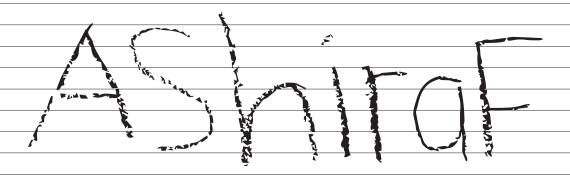


### Dreams & Aspirations

When I grow up, I want to be an emergency paramedic.

My biggest dream is to have a farm with many animals and children.

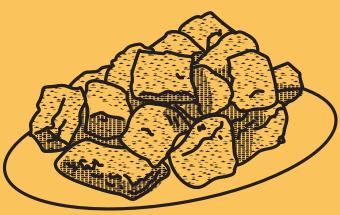
My wish for Endasi is that it grows.





## Yummy, yummy





### Mandazi – an East African street food snack

Ingredients (approx. 20 pieces)

450g flour (type 405) 5 tbsp sugar 1 tsp baking powder 1/2 tsp cardamom 1 sachet of dry yeast 80g butter 240ml milk 1 egg

For frying

1 L sunflower oil

- 1. Mix all the dry ingredients well in a bowl.
- 2. Melt the butter and then mix with the egg and milk. Now add to the dry ingredients.
- 3. Knead for approx. 10 minutes with the dough hook. The dough should be slightly sticky. Add a little flour if necessary. Shape the dough into a ball, cover and leave to rise for 1.5 hours at room temperature until it has approximately doubled in volume.
- 4. Roll out the dough to a thickness of approx. 3 cm and divide into pieces. Cover and leave to rest for 15 minutes. At the same time, heat the sunflower oil in a pan.
- 5. Place the pieces of dough in the pan and fry until golden brown. Then drain on kitchen paper. The mandazi tastes best when it is still warm. It is delicious on its own, with a sweet spread such as banana and chocolate cream or with powdered sugar.

Mandazis can be found on every corner in Uganda. Either at fixed street food stalls, on carts driving around on the street or in small stores. Mandazis can be eaten for breakfast or as a snack. At breakfast, they are often dipped in black tea or coffee and are somewhat like German doughnuts.



### **Final words**

As always, there is only one thing left to say: thank you!

Thanks to all donors! Thanks to all employees! Thank you, yes you!

Without you, stories and news like those in the newsletter would not be possible at all.

With you, we can offer children a fairer life every day. We are always happy to receive suggestions and other messages from you. Or maybe even a guest article in the next newsletter? Feel free to contact us via all channels.

All the best and see you in three months. Best regards, your Endasi team and board www.endasi-foundation.com endasifoundation ©

Endasi Uganda