

# ENDASI NEWSLETTER

MARCH 2024

ENDASI GLOBAL e.V. +  
ENDASI FOUNDATION UGANDA





# Germany Update



## **Dear members and dear supporters,**

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A late Happy New Year from us – even if we are certainly the very last ones to say it! We from the management team all started the new year well and motivated, because there is a big change ahead for us and the Endasi!

First, a look back: Last year ended with a very successful fundraising campaign, which is why we wanted to thank you all again! As you will probably read in the newsletter, all the children and young people we supported had a great and exuberant Christmas and we were even able to make some investments in the house and on the grounds at Endasi, THANK YOU!

Furthermore, the year ended with our general meeting, at which we decided to change our association name to partially align it with the Endasi Foundation LTD in Uganda. The German association will now be called „Endasi Global – Bildung, Vielfalt, Chancengleichheit e.V.“. The name was decided at the last general meeting and only needs to be confirmed by the registry court and the tax office. We are pleased about the support we have already received from you and think the name fits very well, also in view of the development of both associations. Otherwise, we hope you enjoy reading the newsletter and, as always, we look forward to any questions, suggestions or requests you may have!



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Best greetings from Lucas, Verena and Freddy,  
the board of Endasi Global e.V.



Lucas Abel, first boardmember came to visit!





# Uganda Update



## **Once again, a lot has happened in the ENDASI family since last time.**

December was mainly characterized by the Christmas season. In mid-December, ENDASI held its big Christmas party, to which the entire team, the children, the External Kids and the children's families were invited. In the morning of the Christmas party, you could feel the children's excitement in the most positive sense. On the one hand, they were looking forward to seeing their families again and, at the same time, it was showtime for all the dances, the theater play and the songs that had been rehearsed. The children wanted to do this part particularly well, in the presence of their parents, and they were completely successful. Both the children and the families had great fun at the performances. On December 24th, ENDASI it was also time for gift-giving and the children were delighted with their gifts.

A large number of the children went home to their families after Christmas, where they spent the whole of January. As a result, things were a little quieter at ENDASI and everyone had time to recharge their batteries for the start of school in February. The new school year started in February and the children are currently in the middle of their first term. With the new school year the kids started to visit the public schools again.

In January, first board member Lucas Abel visited and met with the team and the children



*Becky and the education officers from our school program*

were very happy to see Lucas again. The Ugandan education officers from the ENDASI Global school program also visited ENDASI. They played sports with the children and crafted various upcycling products with the children, which they were very fascinated by. We are happy that the children have all been back for a month now and with them the usual busy and enjoyable everyday life.

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*text: Anabel*



*Stage design for a christmasparty: check!*





# Storytime



## **A kayak-trip across the Nile**

On January 18, a very special activity was on the agenda, which was kept secret until shortly before departure. The ENDASI kids went to the Nile for a kayaking tour. This trip was made possible by Katharina, Dan and Emma. Dan has been working at Kayak the Nile for 10 years and he has made it his mission to encourage girls in Uganda to kayak.

After lunch we set off. The children and us volunteers got into the matatu and drove towards Kayak the Nile, which is located a short distance downstream on the other side of the Nile. There we met Emma and Dan and the girls who train at Kayak the Nile. After we had all changed, we went down to the water. The experienced girls got into single kayaks and the rest of us into two-person kayaks. As the ENDASI kids were all kayaking by themselves for the first time, we first tried out the easy

water without a current. There we practiced kayaking and steering. After a short acclimatization period, we really began kayaking. As the saying goes: practice makes perfect. It was quite exhausting kayaking upstream. Eventually, we all made it and reached a calm part of the river. By this point, the initial shyness between the ENDASI kids and the Kayak the Nile girls had gone. The constellations on the boats changed countless times, everyone went on their own, we splashed around in the water and on the way back we made a stop with the kayaks at the famous swing. Everyone who wanted could take a swing there. And so, one person after another jumped into the water. Completely exhausted but very happy, we kayaked back ashore in the early evening, handed in the boats, chatted a bit and then took the matatu home.

It was a wonderful day that we will all remember for a long time and hopefully there will be another opportunity to repeat that trip.

*text: Anabel*





# Have you met?



*Name*

**Joseph**

*Age*

31 years

*Hobbies*

Listen to music: slow songs & reggae

Playing football: Team entire life, when he was young up to now but not anymore due to injuries

Past: Basketball

In this newsletter, we get to know Joseph. Joseph was the right-hand man of the managing director, Eva Döhr, for many years. He was the person in charge of all tasks related to the house. When a position became available at ENDASI, Eva didn't have to think long about who the perfect fit was. So, since last year, Joseph has been an indispensable part of the team as a caretaker for the boys. This includes tasks such as waking the boys up in the morning and getting them ready for school, picking the children up from school, washing clothes, ensuring everyone's health is good, making sure they feel comfortable in their environment, and ensuring a hygienic and clean bedroom. Of course, this list could be extended with many more tasks.

Joseph gladly embraces the daily challenges he faces because that's exactly what makes him happy and fulfilled. He loves being surrounded by children, positively influencing them, goofing around with them, and providing them with the best possible environment. Therefore, it's common for him to sit with both the boys and the girls after lunch, chatting about all sorts of things.

Joseph grew up in a small village in northern Uganda, which he visits several times a year to see his family. In his early adulthood, he decided to move to Kampala, undergo training, and generate a good income. So, he is a trained carpenter and electrician by passion.

If he has any free time from his everyday task as a caretaker at ENDASI, he dedicates himself to craftsmanship. Many pieces of furniture at ENDASI are planned and made by him. The children also always look forward to when Joseph is working on a new project, where they can support him and receive the occasional tip from Joseph.

As an important part of the team, he is irreplaceable, and we are grateful that he supports the boys day by day as they grow older. In doing so, he is an important pillar for the boys and, with his nature, a great enrichment for the entire staff.

THANK YOU, Joseph!



*Sometimes a girls-afternoon is all you need*





# Not true at all!



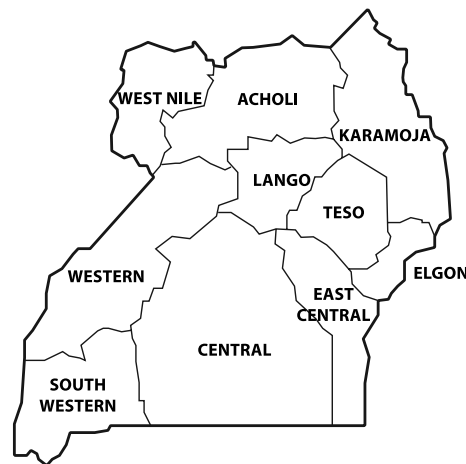
## Uganda = Uganda?

When people ask, „What was it like in Africa?“, I start by saying: „Well, I can only talk about Uganda“.

But even this statement doesn't do justice to the diversity of the country. Jinja is in the south of Uganda. Directly on Lake Victoria, where the Nile has its source. The altitude above sea level is about 1,200 metres. Only in Jinja, Uganda, do I know my way around a little better.

A large part of Uganda is divided into six districts, which have different cultures and traditions. The districts are called Toro, Busoga, Bunyoro - Kitara, Buganda, Bwamba and Rwenzuru.

There are also major differences within the country, which is roughly the size of Germany, outside of the districts. It is estimated that around 70 different languages are spoken in Uganda. While Luganda, English and Swahili are the official languages of the country, most people also speak at least one other local language. If you look at the flora and fauna, you can also see a great diversity in Uganda. The south of the country is characterised by rainforest and very fertile soil, which is also due to the altitude. Since the equator runs through the south of Uganda, there are no seasons like in Europe. Instead, there are rainy and dry



Ugandas 10 main districts

seasons. However, if you are travelling to the north, you will quickly notice a change in the climate. Central Uganda is significantly lower in altitude, so it is also hotter there.

The Rwenzori Mountains are particularly spectacular. A mountain range in western Uganda that forms the border with the D.R. Congo. The highest mountain in the mountain range is around 5,100 metres high. As a result, the Rwenzori Mountains are home to a wide variety of vegetation zones with a flora and fauna. From an altitude of around 3,500 metres, there is also permanent snow.

These examples are not all that is different within Uganda. It's more important to always be open to what you don't know. And never assume that you already know everything.



# Kids writing



## Christmas Party

Dear Diary,

I liked the Christmas Party because we ate a lot of things.

I enjoyed the Christmas Party a lot.

At the party we had good food. We ate rice, chicken, meat, vegetables and ate cake in the end.

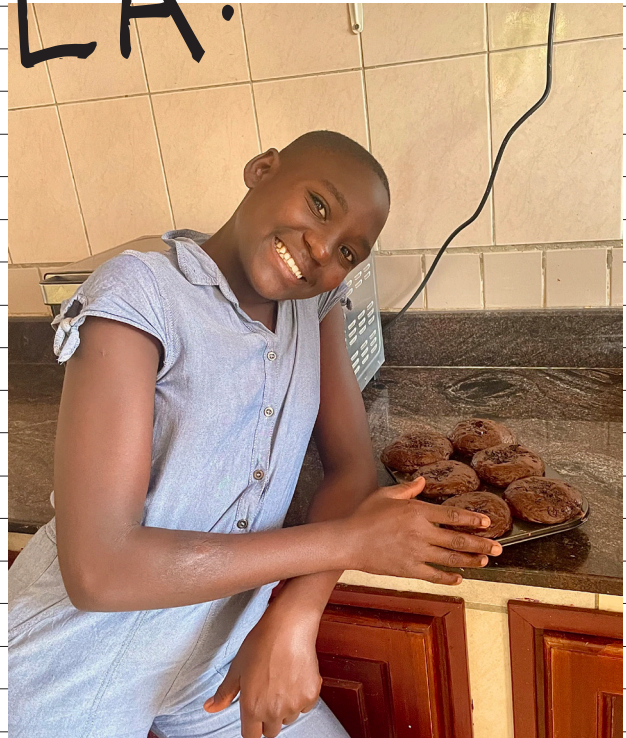
I also saw my family. My mum came to see me.

We also had a theater play about the ,enchanted forest'. I played the elf. I was nervous right before the performance.

We also sang three Christmas songs and had three dances.

It was a very nice day.

VIOLA.





visiting the community families





# Yummy yummy



## Samosas with a potato–chickpea filling

Samosas are a typical street food dish in East Africa and can be found on every corner in Uganda. The small filled triangles are the perfect snack for small appetites. Samosas are available with a variety of fillings and you can use your own creativity to any extend. Typically, they are often filled with chickpeas, vegetables, meat or potatoes.



1. First boil the potatoes (300g). In the meantime, start preparing the spring roll dough (you can buy it ready-made). To do this, cut the dough into several semicircles.
2. Next, prepare the spice mix. Dice the onions and ginger (10g). Heat both briefly in a pan and season with garam masala, ground cloves and a little turmeric for color.
3. As soon as the potatoes are cooked, peel them. Leave the potatoes to cool briefly, as they need to be warm for the next steps. Mash the potatoes, but so that they are chunky and not entirely mashed. Add the chickpeas (1 can) and roughly mash them too. Now mix in the spice mixture. Mix everything well and season to taste with salt and pepper.
4. To fill, leave the smooth side of the semicircle facing you and fold the two halves together in the middle like an ice cream cone so that they overlap slightly in the middle. Now take the pastry bag in your hand, fill it and leave a little space at the top so that you can press the pastry together.
5. Finally, heat plenty of oil in a pan (be careful of oil splashes!) and fry the samosas in the oil until golden brown. Then drain a little on kitchen paper.
6. Bon appétit and enjoy :)

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As always, the quantities are variable and the ingredients for the filling can be modified as desired.

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recipe: Anabel





## Final words

Finally, only one thing remains: THANK YOU!

Thanks to all donors! Thank you to all employees! Without you, stories and news like the one in the newsletter wouldn't be possible. With you we can offer a fairer life to the children every day.

We are always happy to receive suggestions and other news from you. Or maybe even a guest contribution to the next newsletter?

Feel free to contact us through all channels.

All the best and see you in three months, your Endasi team and board.

[www.endasi-foundation.com](http://www.endasi-foundation.com) 

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Endasi Uganda 